New class starts 3rd July 2023

## Gentle Tai Chi

Suitable for all levels, including beginners

## Mondays 1-2pm Castlefields Community Centre

Village Square Runcorn WA7 2HS 0151 511 7474

For further information on physical activity in Halton:

Call Paula Parle 0151 511 8550

Paula.parle@halton.gov.uk

